



SWIMMING POOL RULES AND REGULATIONS

CALVERT COUNTY PARKS AND RECREATION AQUATICS DIVISION

The following rules and regulations have been established for the benefit of all users of the Swimming Pools to assure the safe operation of the aquatic facilities and to provide safe, enjoyable recreation for all. Patrons are requested to cooperate in observing these rules and to obey the instructions of the Aquatic Staff. Patrons violating swimming rules are subject to the revocation of their swimming privileges.

The Division of Parks and Recreation reserves the right to refuse admittance into any county swimming facility when the capacity of the pool has been reached or when otherwise deemed necessary for the health, welfare or safety of its patrons.

The Aquatic Supervisor or their designated assistants are responsible for the operation of the pools. Their instruction must be followed at all times. Should disagreement arise, **patrons are advised to contact the Aquatic Supervisor.**

GENERAL RULES & ADMISSION POLICIES

1. No one will be allowed in the swimming area unless the pool is officially open and a lifeguard is up on the guard stand. Entry upon the pool premises when it is not open for public use is trespassing and will be punished accordingly.
2. Calvert County assumes no liability for injuries or damages arising from the results of participation. Due to the strenuous nature of some activities, the participant is advised to consult his/her physician concerning fitness to participate. All activities present certain inherent risks and hazards which the participant assumes.
3. Admission fees must be paid by all patrons' ages three (3) years and older upon each entry to the pool complex.
4. Rain checks may be issued when the facility must be closed due to storm or equipment malfunction. They will only be issued to those admitted within 30 minutes of the closure with a receipt.
5. Guards have authority to enforce all pool rules. Patrons who repeatedly violate the rules may be denied use of the pool complex by the Manager.
6. No street shoes allowed on decks. Pool users must wear swimming suits or swimming trunks upon entry into the pool. **Clothing such as cut-offs, gym shorts, and underwear are not permitted as swimwear.** Clean swim shirts (non-cotton) may be worn for modesty or medical reasons.
7. Children under 13 entering the pool complex must be accompanied and actively **supervised at poolside** by a responsible adult, 18 years old or older. Children (5) **five years and under** need to have a responsible adult, 18 years old or older in the water with them at all times.
8. Food or refreshments may be consumed only at snack bar, vending area or other prescribed areas. No food or drinks are permitted on pool decks or sunning areas other than water in plastic bottles. All refuse and waste papers must be deposited in designated receptacles.
9. No food or drink of any kind may be brought into the pool complex except water in plastic bottles.
10. Leave valuables at home. Calvert County is not responsible for personal property or valuables at any time. Lost & Found will be disposed of weekly. Valuables may **not** be checked with the cashier or pool staff. Patrons are **not** permitted to leave locks on lockers overnight. Locks will be cut off and locker contents will be placed into Lost and Found.
11. Glass containers, alcoholic beverages, drugs and pets are not permitted in the pool complex. An exception will be made for service dogs as required.
12. Persons under the influence of alcohol or drugs will not be permitted in the pool complex or any Park property.

13. Smoking is **NOT** permitted **anywhere** in the pool complex. All smoking must be done at least 50 feet from the nearest entrance or fence (CP, KLP).
14. No person within the pool complex shall behave in such a manner as to jeopardize the safety, health and enjoyment of himself/herself and others. **Doing so is grounds for expulsion.**
15. Loitering will not be permitted on the pool grounds or within any of its facilities.
16. Running, boisterous or rough play, pushing, acrobatics, dunking, wrestling, splashing, yelling, diving or jumping haphazardly, snapping of towels, abusive or profane language, **improper conduct causing undue disturbances in or about the pool area or any acts which would endanger any patron are grounds for expulsion.**
17. Headphones **must** be worn when listening to musical or entertainment devices.
18. Spitting, spouting of water, blowing nose or urinating in the pool is prohibited.
19. All patrons must take a cleansing soap shower before entering the deck area. Sun bathers **SHOULD** shower before each entrance into the water in order to rinse off perspiration, lotions, sunscreens, etc.
20. Children 6 years of age or older must change in the appropriate family locker room or see a Pool Manager for special arrangements.
21. Any person having a skin disease, sore or inflamed eyes, cold, nasal or ear discharge, communicable disease, or who is wearing any kind of bandage or band-aid will not be permitted in the pool.
22. Persons having any considerable area of exposed sub-skin, tissues, open blisters, cuts, etc., are warned that these are likely to become infected. Such persons may not use the pool.
23. Any adult or child who is experiencing even a mild case of diarrhea may not use the pool.
24. Anyone not toilet-trained (incontinent) who wishes to enter any pool must wear a clean disposable swim pants covered by separate rubber/vinyl pants, all of which, must fit snugly around the legs and waist. Disposable diapers are not allowed. If the swim pants become soiled, this person must leave the pool immediately, and may not return until he/she has taken or been given a soap shower and has been recovered by a new swim pants with clean rubber/vinyl pants. For health reasons please change all diapers, off deck, in the family changing rooms or locker rooms.
25. Prior to entering the pool complex, any patron requiring special accommodations must inform the Pool Manager of his/her needs. Such a person must provide additional assistance as required.
26. Any injury occurring in the pool area must be reported to the pool management immediately.
27. Employees are the only persons allowed in the guard room, filter room, mechanical room, storage room and offices.
28. During storms, outdoor pools will be closed and the entire area cleared of patrons at the discretion of the Pool Manager. Due to limited cover, patrons are encouraged seek shelter elsewhere. Others must remain within the shelter of the bathhouse or their car. The pool will normally open thirty (30) minutes after the last thunder or lightning strike.
29. **DO NOT SWIM UNDER THE BULKHEAD IN THE COMPETION POOL. (HALL)**
30. Starting blocks and platform are to be use only under the direction of a certified coach or swim instructor.
31. **Cell phones, cameras, or any device with a camera on it may not be used in the locker rooms, bathrooms, or changing areas.**
32. **Cameras or any other video recording device may only be used with the direct permission of the pool manager on duty. Management reserves the right to look at the camera or video recording device at any time.**

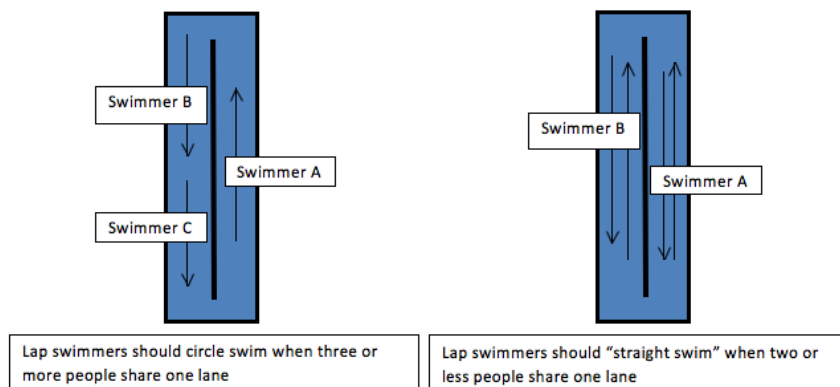
RULES FOR GENERAL SWIMMERS

1. Use of the wading pool (CP) is restricted to children 5 years of old and under. Each child must be supervised at poolside by a responsible adult, 18 years old or older in the water with them at all times. **Children must not be left unattended.**
2. Coast Guard approved and labeled personal flotation devices designed to provide vertical support, must be worn by all non-swimmers less than 48" tall, **provided each non-swimmer is accompanied by an adult in the pool, within arm's reach at all times.** No back floats (bubbles), water wings, or inflatables allowed.
3. Non-swimmers must remain in shallow water (chest deep or less). Management reserves the right to fit all non-swimmers with a Coast Guard approved lifejacket to anyone who is not swimming proficiently
4. Due to Shallow Water Blackouts prolonged underwater swimming for distance or holding ones breath for time is not permitted for safety reasons.
5. Toys, balls, inner tubes, inflated boats, and rafts are not permitted in the main pools. Small toys may be allowed in the Wading Pool (CP) or Leisure Pool (HALL) at the Managers discretion.
6. Pools will be cleared of all youths seventeen years of age and under for fifteen minutes prior to each hour for a rest period.
7. Single groups shall not monopolize a particular area of the pool and thereby limit its use by or intimidate other patrons.
8. Wearing eyeglasses in the pool is discouraged unless absolutely necessary. Non-breakable lenses and frames are necessary for safety.
9. Gum chewing is not permitted anywhere in the pool complex for health and safety reasons.
10. Chairs are not permitted within 6 feet of the pool side.
11. **NO DIVING IN WATER LESS THAN 6 FEET.**

LAP SWIMMING POLICIES

****Please Keep Off Lane Dividers****

1. Periodically, lanes will be roped off for adults (18 and older) wishing to swim lengths undisturbed. Persons not swimming lengths should remain in other pool areas. For effective use, **swimmers should swim counterclockwise near the lane markers and pass in the middle when more than 2 swimmers are in a lane.**
2. Youths who show evidence of being serious lap swimmers may be granted permission by the Pool Manager to swim laps in the lap lanes during general swim or lap swimming times.
3. Lap swimmers should arrange themselves by speed in the lanes. Please consult the directions posted or ask a lifeguard.
4. Stop only at the turning walls. Move to the side to allow others to turn, and continue.



DIVING BOARDS RULES

1. Only one person is allowed on the diving apparatus (including ladder) at a time.
2. Divers may not spring more than once on the board.
3. Divers must dive straight from the front end of the board.
4. Diver must start dive from board.
5. Upon surfacing, immediately swim to the nearest ladder. Do not swim under the boards at **ANY** time.
6. Divers must be able to swim to the ladder unassisted.
7. A diver must wait until the preceding diver has reached the ladder before they can dive from board.
8. No general swimming is permitted in the diving area, unless, the diving boards are closed by staff.
9. Extended dives, or dives for distance from the half-meter, one-meter or three-meter boards, toward shallow water, are prohibited.
10. Never dive or use a diving board under the influence of drugs or alcohol.
11. Goggles, masks, lifejackets and glasses are prohibited.

WATER SLIDE RULES

1. All sliders must be at least 48 inches tall. The dispatchers will turn away others. Younger children **may not** ride with their parents.
2. Only one person on the slide at a time.
3. Slide feet first only, on back. Keep hands inside slide.
4. No stopping, turning, standing, kneeling or rotating on the slide.
5. Goggles, masks, lifejackets and glasses are prohibited.
6. Start slide when directed by dispatcher. (CP)
7. Exit receiving pool immediately. Parents/Guardians may not wait at the bottom of the slide.
8. If the water slide rules are not maintained, or anyone creates a disturbance in line, they will be denied its use by the pool safety staff.
9. All Slide Rules as posted will be strictly enforced.



1. Must be at least 6 years of age and a deep water swimmer without lifejacket/PFD (swim 25 yards and tread for 30 seconds).
2. Must be at least 45 inches (3ft, 9 inches) tall.
3. No pushing of other patrons off the Wibit.
4. No more than a combine weight of 880 lbs.
5. Patrons must start from in the water and cannot jump onto Wibit from wall.
6. No swimming underneath the Wibit.
7. Remove watches, rings and other sharp objects before using.
8. If you fall off the Wibit, you must swim to nearest wall/ladder (not bulkhead) to exit.
9. Do not jump off Wibit towards wall or bulkhead. At end of course jump off Wibit in forward direction and exit water immediately via wall or ladder.

THERAPY POOL & SPA/HOT TUB (HALL)

1. Spa/Hot Tub is restricted to adults (18 years of age and older).
 2. Therapy Pool is restricted to adults (18 years of age and older). Exceptions may apply to children participating in special programs and to children with medical conditions. Please contact the Aquatic Supervisor or one of their designated assistants for specific details.
 3. Pregnant women or bathers with a history of heart disease, diabetes or circulatory problems should not use these pools.
 4. Any swimmer with an infectious disease, nasal or ear discharge, exposed sub-skin tissue, or wearing a bandage may not use these pool.
 5. A soap shower is required before and after using these pools.
 6. Report any abuse or improper conduct to Pool Manager.
 7. Persons should not remain in Spa more than **15 minutes** per hour. Longer exposure is dangerous.
- Goggles, masks, lifejackets and glasses are prohibited.

FITNESS ROOM (HALL)

1. Use of the Fitness Room is restricted to adults (18 years and older).
2. Consult physician before using equipment and/or beginning an exercise program.
3. Wet swimming suits or other wet apparel are not permitted in Fitness Room.
4. Appropriate workout shirts, shoe (closed toe), and pants/shorts must be worn when using this room.
5. Lower weight stack gently and quietly
6. Use of the cardiovascular equipment is limited to **30 minutes** when others are waiting.
7. Headphones **must** be worn when listening to musical or entertainment devices.

SWIM LESSON POLICIES



1. In order to assist us in offering a quality program for your child, we ask that you remain in designated observation area unless it is otherwise stated in the class description.
2. Participants may only enter the pool area while accompanied by a Water Safety Instructor.
3. The program fee covers only the lesson and no other use of the facility is permitted.
4. Lesson questions should be directed to the Swim Lesson Supervisor at the facility where you wish to enroll.
5. Withdrawal policies will be strictly followed and applies to class transfers.

HALL = Edward T. Hall Aquatic Center

CP = Cove Point Park Pool

KLP = Kings Landing Pool

If no initials are noted, then rule/policy applies to all aquatic facilities.

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