

TR MONTHLY NEWSLETTER

DECEMBER 2025



Happy Holidays from the Therapeutic Recreation Team. May all your days be merry and bright!



"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is time for home."
~Edith Sitwell



Reminder

CCPR's seasonal Activity Guide is no longer mailed. It can be viewed online by visiting:
www.calvertcountymd.gov/115/Parks-Recreation
Physical copies are available at all CCPR facilities.

Upcoming Events

- **Parents Night Out @ HEBCC**
Fri., Dec. 5, 5:30-8:30 p.m., \$10
- **Snowball Dance @ Club BADD**
Sat., Dec. 6, 7-9 p.m., \$5
- **Anmarie Garden in Lights @AMG**
Wed., Dec. 10, 5-7 p.m.,
Free for special needs guest + 1 friend,
\$4 per person, kids under 2 free



December Programming

Life Skills 101:

December 2, 9, & 16

TR Wacky Wednesdays:

December 3 & 17

TR Healthy Lifestyles:

December 4, 11, & 18

Adult Social Club:

December 10 & 23

Calvert Shining Stars:

December 2, 9, & 16

Calvert Performing Arts Club:

December 3, 10, & 17

TR Line Dancing:

Dates TBD

TR Glee Club:

Dates TBD

TR Crafty Creations:

December 5 & 19

TR Kids Klub:

December 8 & 22



Mark Your Calendars!

- **TR Caregivers Wellness Day**
@ Burnett Center for Hope & Healing
Sat., Jan. 24, 9:30 a.m.-1:30 p.m. FREE
- **TR Parents Supporting Parents**
@ HEBCC Sat., Feb. 21, 10-11 a.m. FREE
- **10th Annual TR Duck Race Event**
@ HAC Sat., Feb. 28, 12:30-4:30 p.m.
FREE-contact TRS for sponsorship info

TR Tots

TR Fun Sports Development @HEBCC:

December 2, 9, & 16

TR Fun Sports Development @SCC:

December 3 & 17

Sensory Sensitive Santa Visit:

December 15

TR Aquatics

TR Adaptive Water Exercise:

December 4, 11 & 18

TR Tot Swim:

December 17





Want to be featured in the next edition of the TR Monthly Newsletter? We'd love to hear from you! Share your stories and testimonials about the impact of Therapeutic Recreation on your life for a chance to be spotlighted.

Submit your experiences to
emily.sullivan@calvertcountymd.gov



Reminder

CCPR will be CLOSED on the following dates:

Thursday, December 25

Friday, December 26

Thursday, January 1



Contact Us

If you have any questions about our programs, need additional information, or require assistance with registration, please don't hesitate to contact the Therapeutic Recreation Services team.

We're here to help!

Contact Email: Joy.weir@calvertcountymd.gov

emily.sullivan@calvertcountymd.gov

Phone: 410-535-1600 ext. 8204 or 8205

To Register for Programs: www.calvertcounty.perfectmind.com

