

# SPECIAL EVENTS

## November Birthday Party

**Wednesday, November 3, 12:30 p.m.**

Join us as we 'get to know' and celebrate our November birthdays. Enjoy a dessert and see who wins the Birthday 50/50 Raffle.

## Movie: *The Ultimate Gift*

**Thursday, November 4, 1 p.m.**

A billionaire grandfather's legacy to teach his grandson the true meaning of life.

## Fitness Friday

**Friday, November 5, 9 a.m.**

Schedule a consultation with a health coach and/or join Calvert Health for a fitness class focusing on balance and strength.

## Penny Bingo

**Fridays, 1 p.m.**

Come enjoy other players in this fun-filled game full of bingo chats and bingo lingo.

## Honoring Veterans

**Wednesday, November 10th**

**11 a.m.**—Join us and journey down memory lane as some of our veterans from Southern Pines share some stories.

**12:30 p.m.**—Enjoy patriotic music and parfaits.

## Drumming Circle

**Friday, November 12, 11:30 a.m.**

Join us for a fun fitness experience using drumsticks, pool noodles and even your hands to keep the beat to music.

## Bead Workshop

**Tuesday, November 16, 1 p.m.**

Convert an old necklace into a covid mask wearing accessory. Must register.

## Thanksgiving Feast & Fun

**Thursday, November 18th**

**11 a.m.** Join us for a fun hour of Thanksgiving music and prizes between each song.

**12 p.m.**—Thanksgiving Basket Raffle. *Tickets will go on sale, Monday, November 8th.*

## Deck The Halls

**Tuesday, November 30, 1 p.m.**

Join us as we deck the halls of Southern Pines for the holidays.

# NOVEMBER 2021



# SOUTHERN PINES NEWS

20 Appeal Lane, Lusby MD 20657  
Phone: 410-586-2748 Fax: 410-326-0673

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30A Computer Lab 8:30A Fitness Room Open 8:30A Pool Room Open 8:30A Sewing Room Open 9:30A Open Art Studio 9:30A Ceramics \$ 10:00A Walk for Fun 12:30P Duplicate Bridge	8:30A Computer Lab 8:30A Fitness Room Open 8:30A Pool Room Open 9:00A Needlepoint/ Embroidery 9:30A Open Art Studio 10:00A Gentle Yoga 12:30P Duplicate Bridge	8:30A Computer Lab 8:30A Fitness Room Open 8:30A Pool Room Open 8:30A Sewing Room Open 8:45A Bone Builders 9:00A Adventures in Art \$+ 10:00A Walk for Fun 10:00A Line Dancing	8:30A Fitness Room Open 8:30A Pool Room Open 8:30A Sewing Room Open 8:45A Computer Lab 9:00A Info & Assistance 9:30A Ceramics \$ 10:00A Let's Move 11:00A Christian Conversations 1:00P Knitting & Crocheting	8:30A Fitness Room Open 8:30A Pool Room Open 8:30A Sewing Room Open 8:45A Computer Lab 9:00A Oil Painting \$+ 10:00A Walk for Fun

## OTHER SCHEDULED ACTIVITIES

1	2	3	4	5
	11:00A Creative Writing	12:30P Birthday Party  50/50 BIRTHDAY RAFFLE	11:00A Senior Council Meeting 1:00P Movie: <i>The Ultimate Gift</i>  NO LET'S MOVE	9:00A Health Consultations 9:30A Fitness Class 1:00P Penny Bingo FITNESS FRIDAY
8 9:00-11:30A CalvertHealth Mobile Health Center 1:00P Living Well with Diabetes	9 10:00A Brain Games 1:00P Grief & Loss Support	10 11:00A Veterans Memoirs 12:30P Patriotic Music & Parfaits 1:00P Song Circle	11 CENTER CLOSED FOR OBSERVANCE OF VETERANS DAY	12 11:30A Drumming Circle 1:00P Penny Bingo
15 1:00P Living Well with Diabetes	16 9:00A Ask the Nurse 11:00A Creative Writing 1:00P Bead Workshop +	17 1:00P Book Club: "Maybe You Should Talk to Someone," by Lori Gottlieb	18 11:00A Thanksgiving Festivities 12:00P Thanksgiving Basket Raffle  THANKSGIVING LUNCHEON	19 1:00P Penny Bingo
22 1:00P Living Well with Diabetes	23 10:00A Veterans Support Group 11:00A History Presentation: Mayflower Compact	24 1:00P Special Bingo	25 CENTER CLOSED FOR OBSERVANCE OF THANKSGIVING	26 CENTER CLOSED FOR OBSERVANCE OF THANKSGIVING
29 1:00P Living Well with Diabetes	30 1:00P Deck the Halls		FITNESS ROOM ORIENTATION BY APPOINTMENT	\$ = FEE + = MUST PRE-REGISTER

# SPECIAL EVENTS

**'Tis The Season Scavenger Hunt**  
**Thursday, December 2, 9 a.m.**  
 Participate to win a prize!

**Santa Letters: Calling All Elves!**  
**Tuesday, December 7, 1 p.m.**  
 Help Santa respond to the letters from the children in the community.

**Santa's Workshop Craft Fair**  
**Wednesday, December 8, 9 a.m.**  
 Shop local vendors for those special holiday homemade gifts.

**Ugly Christmas Sweater Day**  
**Thursday, December 9, 9 a.m.**  
 Wear your Ugly Christmas Sweater to be entered into the Naughty List Gift Raffle. Drawing at 12 p.m.

**Christmas Celebration: 24U Band**  
**Friday, December 10, 12:45 p.m.**  
 Celebrate the holidays with us as we dance the afternoon away with local band, 24U.

**Christmas with the Kranks**  
**Thursday, December 16, 1 p.m.**  
 A comedy about the trickle-down effect in a small town when a couple decides to break tradition and skip Christmas all together.

**The Man Who Invented Christmas**  
**Monday, December 20, 10 a.m.**  
 Based on a true story of how Dickens came to write "A Christmas Carol".

**Boughs of Holly Fresh Greens: Make & Take Project**  
**Wednesday, December 21, 1 p.m.**  
 Learn the history of decorating with fresh greens and make an arrangement to take home.

**Candy Canes, Cocoa & Carols**  
**Thursday, December 23, 12:30 p.m.**  
 Join us as we enjoy and sing some of our favorite carols.

**New Year's Eve Festivities**  
**Thursday, December 30th**  
**12:30 p.m.**—Help us toast in the New Year!  
**1 p.m.**—Bring a gift valued at \$10 or under for the Chinese Gift Exchange.

# DECEMBER 2021



# SOUTHERN PINES NEWS

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<b>FITNESS ROOM ORIENTATION BY APPOINTMENT</b>	<b>\$ = FEE + = MUST PRE-REGISTER</b>	1 12:30P Birthday Party  50/50 BIRTHDAY RAFFLE	2 9:00A 'Tis the Season Scavenger Hunt	3 9:00A Health Consultations 9:30A Fitness Class 1:00P Penny Bingo <b>FITNESS FRIDAY</b>
6 1:00P Living Well with Diabetes	7 11:00A Creative Writing 1:00P Santa Letters: Calling all Elves!	8 9:00A Santa's Workshop Craft Fair 1:00P Song Circle	9 11:00A Senior Council Meeting  <b>UGLY CHRISTMAS SWEATER DAY</b>	10 12:45P 24U Band  <b>CHRISTMAS LUNCHEON</b>
13 9:00-11:30A CalvertHealth Mobile Health Center 1:00P Living Well with Diabetes	14 11:00A Brain Games 1:00P Grief & Loss Support  <b>NO YOGA</b>	15 1:00P Book Club: "The Honey Bus: A Memoir of Loss, Courage and a Girl Saved by Bees," by Meredith May	16 1:00P Movie: <i>Christmas with the Kranks</i>	17  <b>CENTER CLOSSES AT 12:30</b>
20 10:00A Movie: <i>The Man Who Invented Christmas</i>	21 9:00A Ask the Nurse 11:00A Creative Writing 1:00A Boughs of Holly Fresh Greens: Make & Take Project+	22 1:00P Special Bingo	23 12:30P Candy Canes, Cocoa & Carols	24  <b>CENTER CLOSED FOR OBSERVANCE OF CHRISTMAS</b>
27	28 10:00A Veterans Support Group  <b>NO YOGA</b>	29	30 12:30P New Year's Toast 1:00P Chinese Gift Exchange	31