

Therapy Café

65 Duke St #203
Prince Frederick, MD 20678
(443) 295-8955
www.thetherapycafe.com
Accepts Medicaid and CareFirst BC/BS Aetna.
Services Available; Mental Health
Assessments, Individual, Group & Family
Sessions, Life Coaching, Executive Coaching,
Stress Reduction, Yoga.

The Pinnacle Center Prince Frederick Office

134 Main Street
Prince Frederick, MD 20678
240-731-1519
www.pinnaclecenter.com
Accepts Medicare not Medicaid or other
Maryland MA Programs) Aetna, CareFirst
BC/BS, Cigna, John Hopkins, Tricare. Services
Available; individual, group, family, couples,
anger management, forensic, EAP, Sessions.

Access Health Services Psychiatric Nurse Practitioner, PMHNP

65 Duke Street, Suite 201
Prince Frederick, Maryland 20678
Ms. Asongtia Ntonghawah (240) 847-0241
Accepts Medicaid, Amerigroup, Aetna,
CareFirst BC/BS, Cigna, John Hopkins, OPTUM,
United Health Care. Available Services;
psychiatric medications-Psychopharmacology.
We specialized in treating bipolar, major
depression, Anxiety, PTSD, Addiction, ADHD,
schizophrenia.

Maryland 2-1-1

Anyone of any age can call 2-1-1 at any time.
2-1-1 call specialists are trained to assist
people dealing with all kinds of challenges
including housing, utility shutoffs, family crisis,
financial, legal, employment, and other
problems. 2-1-1 is available 24 hours a day,
365 days a year in over 180 languages. 2-1-1 is
also accessible for the deaf and hard of
hearing through Maryland Relay (dial 7-1-1).

Adult Behavioral Health Services in nearby counties

Pathways Inc.

44101 Airport View Drive
Hollywood, MD 20636
301-373-3065 x241
www.pathwaysinc.org

QCI Behavioral Health

5010 Regency Place, Suite 203
White Plains, MD 20695
Main Tel: 240-427-3554
www.qcihealth.com/southern-maryland

Charles County Department of Health Division of Behavioral Health

4545 Crain Highway
White Plains, MD 20695
301-609-6900
Intake Tel: 301-609-6700
www.charlescountyhealth.org

TRICO Clinical Services Ltd

46940 South Shangri La Drive
Lexington Park, MD 20653
301-862-4961

Veterans Charlotte Hall Clinic (Vets)

29431 Charlotte Hall Rd
Charlotte Hall, MD 20622
(301) 884-7102

EdChA Behavioral Health

Psychiatric Nurse Practitioner, CRNP, PMH
2670 Crain Highway,
Waldorf, Maryland 20601,
Mr. Edner Charles (240) 802-7091



CALVERT COUNTY LOCAL BEHAVIORAL HEALTH AUTHORITY



Adult Behavioral Health Services

Office: (443) 295 - 8584

Fax: (443) 968 - 8979

calverthealth.org

The **Calvert County Local Behavioral Health Authority** (LBHA) is responsible for managing the Public Behavioral Health System (PBHS) in Calvert County. The agency was created in July 2019 by integrating the local Core Service Agency (CSA) and Local Addictions Authority (LAA).

Our Mission

To ensure all Calvert County Residents have access to quality Behavioral Health Services.

Our Vision

To cultivate a comprehensive system of Behavioral Health care in Calvert County, which provides individualized services to promote wellness, empowerment and recovery across the lifespan of our residents.

Calvert County Health Department Behavioral Health

975 Solomon’s Island Road North
Prince Frederick, MD 20678
410-535-5400 x318

Calvert County Health Department Behavioral Health (Barstow)

280 Stafford Rd
Barstow, MD, 20610
(410) 535 – 3079

Calvert County Health Department Behavioral Health (Lusby)

20 Appeal Lane
Lusby, MD, 20657
(410) 394 – 0681

Calvert County Health Department Behavioral Health (Chesapeake Beach)

3819 Harbor Rd
Chesapeake Beach, MD, 20732
(410) 286 - 0547

Accepts Medicaid, Medical Assistance, CareFirst BC/BS and most major insurances are accepted. For those without insurance, assistance may be available based upon income and/or other criteria. Services Available; Comprehensive behavioral health assessments, Peer Support Specialist, Individual, group, medication management, and family counseling.

Crisis Intervention Center

975 Solomons Island Road North
Prince Frederick, Md. 20678
410-535-1121

Crisis Counseling, Therapy and Advocacy for victims and survivors of domestic violence, sexual assault and trauma. Abuse Intervention Counseling, domestic violence and sexual assault support groups. 24/7 Hotline available.

Blue Sails Counseling and Consulting Inc.

225 Town Square Drive,
Lusby, MD 20657
Phone #: (410) 231-0488
bluesailscounseling.com

Accepts Medicaid and various other insurances. Available Services; We work with a wide range of emotional and behavioral issues providing services that span from therapy for depression, anxiety and grief counseling to parenting support, Teen Groups, Tween Groups, a monthly Kids Socially Skills Group, couples counseling and beyond.

TELE-HEALTH SERVICES

Therapists at Blue Sails have the ability to provide services to those who are home bound, unable to attend in-person sessions due to medical illness or transportation to outpatient mental health counseling at home. We use Doxy.me/bluesails as a HIPAA protected avenue to service your mental health needs. In a comfortable and supportive atmosphere, we offer a highly personalized approach tailored to each of my client’s individual needs to help attain the personal growth they’re striving for.

A+ Counseling Center

10351 Southern Maryland Boulevard
Dunkirk, MD 20754
(301) 494-2167
a-counseling-center.business.site

Accepts Medicaid and other various insurances, Available Services; Psychiatric evaluation, assessments, individual, group, family, couples, domestic violence, case management, life coaching, supportive solutions, medication management, tele mental health, and anger management (forensic) therapy.

Project Chesapeake

69 Sherry Lane
Prince Frederick MD 20678
(443) 214 – 5097
www.projectchesapeake.com
Accepts Medicaid and other various insurances Available Services; Mental Health therapy, psychiatric evaluations, assessments, Psychiatric Rehabilitation Program (PRP), anger management, Project Chesapeake offers a program that is tailored to the education, counseling, and rehabilitation of perpetrators of Domestic Violence, and medication management.

Andrew T. Gergely MD

Address: 3175 W Ward Rd
Dunkirk, MD 20754
Phone: (410) 286-0664
www.drgergely.com
Accepts Medicaid, CareFirst BC/BS and most major insurances are accepted. Services Available; Psychiatric Evaluations, Medication management, Psychological Testing, Individual, Group, Family, and Play Therapy

Utopia Health Services

65 Duke Street, Suite 106
Prince Frederick, Maryland 20770
www.aboututopia.com
Accepts Medicaid and various other insurances. Available Services; Psychiatric evaluations, assessments individual, couple, family and/or group counseling by one of our accomplished clinicians. Our person centered treatment utilizing a holistic approach, medication management, sexual evaluations, and sex offender groups.

Suicide Prevention Life Line

1-800-273-8255

Maryland Department of Veterans Affairs

1 – 800 – 446 - 4926, ext. 6450
veterans.maryland.gov