



COVID-19 Protocols and Considerations for Calvert County Parks and Recreation (CCPR) Youth Soccer

CCPR realizes the impact that COVID-19 has had on our country, state, and community. We are committed to offering a safe soccer program and following the latest guidance from the CDC, state and our local health departments to protect our coaches, players, parents, and family members. The risk of exposure to a communicable disease cannot be 100% eliminated but by following the guidelines in this document, you can reduce the risk of exposure.

General Guidelines for all coaches, players, and parents:

- Stay home if you are sick or feel sick.
- Reduce physical closeness and keep 6 feet of space between all players, parents, coaches, and spectators when possible.
- Everyone must wear a mask if you cannot socially distance consistently.
- Wash your hands regularly, avoid touching your face, cough or sneeze in your elbow, and clean and sanitize equipment regularly.

This will take a coordinated effort between CCPR, our coaches, our players, and you as parents. We do stand ready to make adjustments to our operations as circumstances may dictate changes before or during the season. We ask for everyone to please be flexible and understand that your safety is our first priority.

Below, we will address more specifically the responsibilities of each group of participants to ensure we all are doing our part to prevent the spread of COVID:

Coaches:

- During games and practices, coaches are strongly encouraged to wear a mask. If you are unable to social distance, a mask is mandatory.
- Promote good hygiene and cleanliness with all of your players and parents.
- Make sure that equipment is sanitized prior to and after all practices and games.
- When developing practice plans, please do so with maximum social distancing in mind. Utilize as many individual drills as possible. Remind players to stay socially distanced.
- Ensure that all players place their equipment and water bottles at least 6 ft. apart at all meetings.
- Do a check-in with each player at each practice or game to ask about possible symptoms (Enclosure 1). Keep this screening log as a part of your records if needed at a later date.

- Report to the CCPR Sports Coordinator or Assistant Sports Coordinator immediately upon learning of any symptoms, exposure, or positive COVID tests amongst your team or family members of your team (including yourself and your family members).
- Once a practice or game is finished, please leave the field area as soon as possible so contact is limited between groups coming and going.
- No team benches. Players must be 6 ft. apart on the sideline. If unable to maintain that distance, masks must be worn.
- Pennies are not to be used.
- No handshakes, high-fives, etc...

Players/Parents:

- Recognize the symptoms of COVID. If you are experiencing any of these, please stay home.
- We ask that parents keep hand sanitizer on hand. During practices, please ensure your child sanitizes prior to, during breaks, and after practice. Same applies during game play.
- Ensure that your child does not share equipment and you keep all equipment sanitized regularly.
- No spitting.
- Wash hands thoroughly prior to and after training/games.
- Players must adhere to 6ft. social distancing at all times including breaks. If unable to do so, a mask must be worn.
- Once a practice or game is finished, try to leave the field area as soon as possible so contact is limited between groups coming and going.
- A mask is not required during game play. While in the bench area, it is strongly encouraged for players to wear a mask. If they are unable to social distance, a mask is mandatory.
- If you, your child, or another family member displays symptoms, exposure, or a positive COVID test, please report that to your coach immediately.
- No handshakes, high-fives, fist bumps, etc...
- Parents please space out around the field for games/practices. Please ensure you are 6ft. from the next family of spectators.

COVID Informational Links :

https://www.cdc.gov/coronavirus/2019-ncov/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2Findex.html

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

<https://governor.maryland.gov/recovery/>

<https://www.calverthealth.org/>

<https://www.msya.org/msya-return-to-play-guidelines/>

