

**More AL-ANON Information**

[www.marylanddc-alanon.org](http://www.marylanddc-alanon.org)  
[www.alateenmdc.com](http://www.alateenmdc.com)

- AL-ANON World Service Office (888) 4AL-ANON  
Information worldwide (888) 425-2666
- Allegany & Garrett Counties (301) 722-6110  
(Cumberland, MD)
- Anne Arundel County (410) 766-1984  
(Annapolis, MD)
- Baltimore & Howard Counties (410) 832-7094  
(Baltimore City, MD)
- Cecil County, MD (410) 398-2004
- Frederick & Washington Counties (301) 663-6626  
(Frederick & Hagerstown, MD)
- Harford County, MD (410) 836-6209
- Northern Virginia (877) 339-8350
- Somerset, Wicomico & Worcester Counties (410) 742-2504  
(Salisbury, MD)
- Washington, DC, Prince George's & (202) 635-2023  
Montgomery Counties, MD

**Phone Numbers**


**AA Meeting Info: 1-800-492-0209**  
**[www.somdaa.org](http://www.somdaa.org)**

**AL-ANON IS:**

- A **FELLOWSHIP** of relatives and friends of alcoholics who believe their lives have been affected by someone else's drinking
- A **SELF-HELP** recovery program based on the Twelve Steps of Alcoholics Anonymous (AA)
- A **NON-PROFESSIONAL** fellowship where members share their experience, strength and hope to solve their common problems.
- An **ANONYMOUS** program with the identity of all AL-ANON and AA members protected.
- A **SPIRITUAL** program that is compatible with all religious beliefs or none.
- A program with the **SINGLE PURPOSE** of helping families and friends of alcoholics, whether the alcoholic is still drinking or not.
- A **WORLDWIDE** fellowship with more than 31,000 groups in over 112 countries that has been in existence since 1951.
- **COMPATIBLE** with professional treatment. Statistics show 67% of its members received counseling after attending AL-ANON.
- **FREE OF CHARGE** and self-supporting through members' voluntary contributions. There are no dues or fees for membership.

**ALATEEN is:**

- A part of AL-ANON
- For teenagers who have been affected by someone else's drinking.

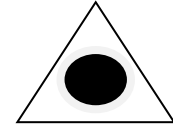
**NOTES**

- ALATEENS are always welcome at any AL-ANON meeting.
- "Accessible" indicates meeting location is wheelchair accessible by ramp, elevator or 1 or 2 steps.
- AL-ANON & ALATEEN meetings often run concurrently with AA meetings; see individual meeting listing.

**AL-ANON  
and  
ALATEEN**

**Directory of Meetings  
Southern Maryland  
(Charles, Calvert and St. Mary's  
counties)**

Help for families and friends  
of problem drinkers



**For information and help in  
Southern Maryland contact:**

[www.marylanddc-alanon.org](http://www.marylanddc-alanon.org)

**December 2018**

**The Serenity Prayer**

God, grant me the SERENITY  
To accept the things I cannot change,  
COURAGE to change the things I can,  
And WISDOM to know the difference.

## Monday

Crossroads AFG 11:30AM  
(0005963)  
St. Mary's County Accessible  
Church of the Ascension No AA Mtg  
21641 Great Mills Rd Open  
Lexington Park, MD 20653

NEW\*\*\*Monday's Hope AFG 7:30 PM  
(30711170)  
Calvert County  
Mount Harmony United Methodist Church  
155 E. Mount Harmony Rd. AA Mtg  
Owings, MD 20736 Open  
\*ALATEEN Meeting also meets at 7:30 PM

Southern Serenity AFG 8:00 PM  
(46897) (District 19)  
Prince George's County / Trinity Episcopal Church  
14515 Church St. Parish House  
Upper Marlboro, MD 20772 AA Mtg.

## Tuesday

Prince Frederick Daytimers 10:30 AM  
(30511875)  
Calvert County No AA Mtg  
St Paul's Episcopal Church Open  
25 Church St (Rte 231)  
Prince Frederick, MD 20678  
(Basement)

Focus Point AFG 7:00 PM  
(38738)  
St. Mary's County / Placid Harbor Open  
24494 Placid Harbor Way Accessible  
Hollywood, MD 20636

Pomfret Way of Life AFG\* 8:00 PM  
(0043431) Accessible  
Charles County / St. Joseph's Church  
4590 Saint Joseph Way AA Mtg.  
(off Rte 227)  
Pomfret, MD 20675

\*ALATEEN Meeting also meets at 8:00 PM\*

Homecoming AFG 8:00 PM  
(42624) (District 21) (upstairs in church)  
ALANON Adult Children Meeting  
Prince Georges County \ United Methodist Church  
11111 Crain Hwy (Rte 301) AA Mtg  
Cheltenham, MD 20623 Open

## Wednesday

Safe Harbor AFG 7:00 PM  
(30636576) (District 20)  
Anne Arundel County / Christ Episcopal Church  
220 Owensville Rd. Open  
West River, MD 20778 No AA Mtg.

Mid-Week Recovery AFG 8:00 PM  
(30566950)  
Calvert County / Northeast Community Center  
4075 Gordon Stinnett Ave.  
Chesapeake Beach, MD 20732 Open  
Room M 2

## Thursday

Beginners by the Bay AFG 12 Noon  
(30657156)  
Calvert County / North Beach Union Church  
8912 Chesapeake Ave No AA Mtg  
North Beach, MD 20714 Open  
(White building next to Church)

Living Dream AFG 1:30 PM  
(30653949)  
St. Mary's County / Good Samaritan Lutheran Church  
(Disciples Den - 2<sup>nd</sup> bldg.)  
20850 Langley Rd. Open  
Lexington Park, MD 20653

Peace of Mind AFG 7:00 PM  
(0048506)  
St. Mary's County / St. Andrews Church  
44078 St Andrews Church Rd. AA Mtg.  
(off of Rte 235) Open  
California, MD 20619

Gaining Tools AFG 7:30 PM  
(30621591)  
Calvert County / Southern Community Center  
20 Appeal Ln AA Mtg.  
Lusby, MD 20657 Open

## Friday

Serenity at Last AFG 11:00 am  
(30606064)  
St. Mary's County / Beacon of Hope Open  
21770 FDR Blvd. (to left of Walden) No AA Mtg.  
Lexington Park, MD 20653

Friday Nighters AFG\* 8:30 PM  
(0005943) Accessible  
Charles County \ Church of the Nazarene AA Mtg.  
5105 Leonardtown Road  
(Rte 5)  
Waldorf, MD 20601

## Saturday

Early Risers AFG 8:30 AM  
(0053993)  
Calvert County \ North Beach Union Church  
8912 Chesapeake Ave No AA Mtg  
North Beach, MD 20714 Open  
(White Educational Bldg.) Accessible

## Sunday

Just a Step Away AFG 7:00 PM  
(503309)  
Calvert County / Our Lady Star of the Sea Church  
14400 Solomons Island Rd South AA Mtg.  
Solomons, MD 20688 Open

"Open" means the meeting is open to anyone interested in AL-ANON (including students & health professionals).  
\*These meetings are for only AL-ANON members & anyone whose life is or has been affected by contact with a problem drinker).

Due to periodic changes between printings of this directory, refer to: [www.marylanddc-alanon.org](http://www.marylanddc-alanon.org) for current schedule.

