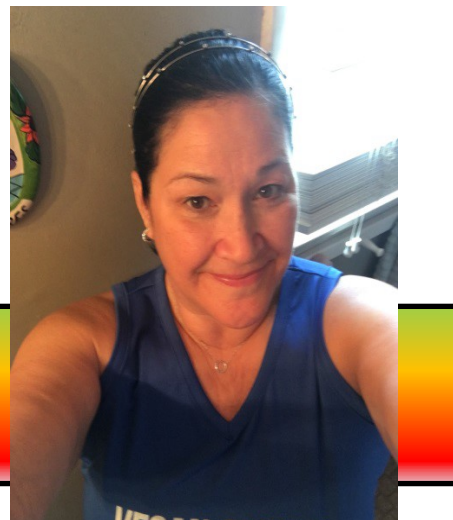




CALVERT COUNTY DEPARTMENT  
OF PARKS AND RECREATION  
NORTHERN DISTRICT PRESENTS



## MEET: Starla Maurer

**What do you teach? Jazzercise**

**How long have you been teaching your class?**

**I have been teaching for Calvert County Parks and Recreation for the past 4 years. I have taught aerobics for the past 39 years.**

**Profession when you're not teaching:**

**I own Jazzercise classes not only in Calvert County, but in St. Mary's County as well. I am a full time student when I am not teaching.**

**Certifications:**

**Jazzercise; AFAA group instructor, personal trainer; AAJFP Post Rehab Exercise Specialist, Medical Exercise Specialist; ACSM Health Fitness Instructor 1.**

**More about Starla:**

**When I am not teaching classes or in school, I volunteer for a rescue center in St. Mary's County called SMAWL Cat Castle.**