



Calvert County NEWS

175 Main Street
Courthouse
Prince Frederick, Maryland 20678
Phone: 410-535-4583 • 301-855-1880
www.co.cal.md.us

Board of Commissioners

Mike Hart

Tom Hejl

Pat Nutter

Evan K. Slaughenhoupt Jr.

Steven R. Weems

FOR IMMEDIATE RELEASE

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Contact: Mark Volland, Marketing/Communications Specialist
410-535-4583 Email: yollanrm@co.cal.md.us
Angela Walters, Public Information Specialist
410-535-4583 Email: walteram@co.cal.md.us

Take the Pledge to Eat Fresh Every Day During Buy Local Agriculture Week July 18-26

PRINCE FREDERICK, Md. – July 13, 2015 – In conjunction with the state of Maryland, Calvert County will celebrate the bounty of local agricultural products July 18-26 by highlighting the benefits of buying local products from area farms, farmers markets and farm stands.

The Calvert County Board of County Commissioners will officially proclaim July 18-26 “Buy Local Agriculture Week” during its meeting Tuesday, July 21, and will encourage county residents to take the pledge to eat at least one thing every day from a local farm during the week. There are endless ways to participate in the state wide “Buy Local Challenge.” Add one or two farm items a day to your meals – perhaps fresh eggs with breakfast one day, a snack of local fruit or a glass of local wine on another.

As part of the week’s celebrations, residents can shop at a temporary farmers market on the lawn of the Calvert County Circuit Courthouse on Main Street in Prince Frederick every Wednesday in July from 12 to 4 p.m.

Residents are also encouraged to visit the county’s many roadside stands as well as the farmers markets during this week and throughout the summer: Stop by one of the following markets:

- Tuesdays, 3 to 7 p.m., Calvert Memorial Hospital parking lot in Prince Frederick

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- Thursdays, 4 to 8 p.m., Calvert Library Southern Branch parking lot in Solomons
- Fridays, 6 to 9 p.m., at 5th and 7th streets and Bay Avenue in North Beach
- Saturdays, 7:30 a.m. to noon, at the Calvert County Fairgrounds in Prince Frederick

The Calvert County Agriculture Commission offers a wealth of information about the county's farms, including when and where to buy local produce and meats and the location of local farm stands. For more information, visit www.calvertag.com. For more information on Maryland's Buy Local Challenge and to get recipes visit www.buy-local-challenge.com.

For more information about the Calvert County Department of Economic Development, our visitor sites and attractions and the services available to assist county businesses, call 410-535-4583 or 301-855-1880; send an email to info@ecalvert.com; or visit online at www.ecalvert.com. Like Calvert County Government on [Facebook](#).

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Calvert County is Maryland's smallest county in land area with 213 square miles. It is home to nearly 90,000 people and has one of the highest standards of living in Maryland. Major industries include defense contracting, information technology, tourism, energy, advanced manufacturing and administrative services.